

<b>SUPPLIES</b>	<b>FREQUENCY</b>	<b>WHAT TO DO</b>
<b>CPAP Mask</b>	Daily	Wash your face before putting your mask on each night. Mask cushion/pillow should be washed daily with warm soapy water and rinsed well. Allow it to dry on a towel. REPLACE EVERY 3 MONTHS
<b>Humidifier Chamber</b>	Daily	Fill with fresh distilled water before using. Empty water once a day and allow it to air dry on a towel. REPLACE EVERY 12 MONTHS
<b>Mask &amp; Tubing</b>	Weekly	Once every week wash the tube with mild soapy water, rinse well and allow to air dry. REPLACE EVERY 3 MONTHS
<b>Humidifier Chamber</b>	Weekly	Chamber should be washed in warm soapy water and rinsed out well. Allow to air dry on a towel. OR Chamber may be placed on top shelf of dishwasher REPLACE EVERY 12 MONTHS
<b>Headgear</b>	Weekly	Hand wash in warm soapy water, rinse well and allow to air dry. REPLACE EVERY 6 MONTHS
<b>Exterior of PAP machine</b>	Weekly	Wipe with a damp cloth.
<b>Nasal Cushions or Nasal Pillows</b>	Every Other Week to Monthly	REPLACE WITH A NEW CUSHION OR PILLOW EVERY 2 WEEKS
<b>Disposable Filters</b>	Every Other Week to Monthly	REPLACE WHITE DISPOSABLE FILTER EVERY 2 WEEKS: DO NOT WASH
<b>Full Face Cushion</b>	Monthly	REPLACE FULL FACE CUSHION EVERY MONTH
<b>Reusable Filter (Washable)</b>	Monthly & as needed	Wash in warm soapy water, rinse well and allow to air dry on a towel. Do not place a wet filter back into the machine. REPLACE EVERY 6 MONTHS
<b>To Order PAP Supplies</b>	Call AL: 800-888-6711 FL: 877-978-4038	OR Email: <a href="mailto:order@phcsmedical.com">order@phcsmedical.com</a> to order PAP Supplies Website: <a href="http://www.phcsmedical.com">www.phcsmedical.com</a>